



2017-2018  
School Year

# NOVEMBER MENU

Elementary &  
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>SALAD BAR AVAILABLE DAILY AT THE JR./SR. HIGH SCHOOL (except as noted)</b></p>		<p><b>1</b> <b>BREAKFAST:</b> French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Ham &amp; Turkey Sub, Baked Beans, Baby Carrots FF, Fruit, Milk</p>	<p><b>2</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Baked Potato Bar, Broccoli, Homemade Muffin, Fruit, Milk</p>	<p><b>3</b> <b>BREAKFAST:</b> Scrambled Eggs &amp; Ham/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Beef Nachos w/Toppings, Corn*, Green Beans, Fruit, Milk</p>
<p><b>6</b> <b>BREAKFAST:</b> Sausage*, Egg &amp; Cheese Croissant/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Hamburger or Cheeseburger, Crinkle Cut Fries, Baked Beans, Fruit, Milk</p>	<p><b>7</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Orange Chicken over Rice, Broccoli, Cauliflower FF, Dinner Roll, Fruit, Milk</p>	<p><b>8 1:30 EARLY OUT</b> <b>BREAKFAST:</b> Chocolate or Powered Sugar Mini Donuts/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Cheese Pizza, Lettuce Salad*, Garlic Butter Veggies, Baby Carrots, Fruit, Milk</p>	<p><b>9</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Breaded Pork Steak, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>	<p><b>10</b> <b>BREAKFAST:</b> Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Chicken &amp; Noodles, Glazed Carrots, Asparagus, Dinner Roll, Fruit, Milk</p>
<p><b>13</b> <b>BREAKFAST:</b> Oatmeal with Toppings/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Chicken Nuggets, Cheesy Potatoes, Broccoli, Dinner Roll, Fruit, Milk</p>	<p><b>14</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Salisbury Steak, Mashed Potatoes, Glazed Carrots, Dinner Roll, Fruit, Milk</p>	<p><b>15</b> <b>BREAKFAST:</b> Iced Long John/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Corn Dog, Crinkle Cut Fries*, Baked Beans, Cookie(E), Fruit, Milk</p>	<p><b>16 THANKSGIVING LUNCH</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH: NO SALAD BAR</b> Roasted Turkey, Mashed Potatoes, Green Bean Casserole, Dinner Roll, Cinnamon Baked Apples, Pumpkin Dessert, Milk</p>	<p><b>17</b> <b>BREAKFAST:</b> Scrambled Eggs &amp; Sausage Links/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Walking Tacos, Black Bean Salsa Salad*, Corn, Baby Carrots FF, Fruit, Milk</p>
<p><b>20</b> <b>BREAKFAST:</b> Yogurt Parfaits/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH: NO SALAD BAR</b> Breaded Chicken Patty Sandwich, Potato Wedges, Broccoli, Fruit, Milk</p>	<p><b>21 1:30 EARLY OUT</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH: NO SALAD BAR</b> Cheeseburger Pizza, Lettuce Salad*, Garlic Butter Veggies, Baby Carrots, Fruit, Milk</p>	<p><b>22</b> <b>CLOSED</b> <b>Thanksgiving Holiday</b></p>	<p><b>23</b> <b>CLOSED</b> <b>Thanksgiving Holiday</b></p>	<p><b>24</b> <b>CLOSED</b> <b>Thanksgiving Holiday</b></p>
<p><b>27</b> <b>BREAKFAST:</b> Sausage &amp; Pancake Breakfast Stick/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Grilled Cheese Sandwich, Tomato Soup, Cottage Cheese, Broccoli, Fruit, Milk</p>	<p><b>28</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Pulled Pork Sandwich, Mac-n-Cheese, Green Beans, Coleslaw*, Cauliflower FF, Fruit, Milk</p>	<p><b>29</b> <b>BREAKFAST:</b> Iced Long John/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Cheesy Breadsticks &amp; Dippin' Meat Sauce, Lettuce Salad*, Corn, Baby Carrots FF, Fruit, Milk</p>	<p><b>30</b> <b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Choice of Chili or Chicken Noodle Soup, Glazed Carrots, Asparagus, Cinnamon Roll, Fruit, Milk</p>	<p><b>DEC. 1</b> <b>BREAKFAST:</b> Oatmeal with Toppings/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Hot Dog/Chili Dog, Potato Wedges*, Baked Beans, Cucumber FF, Fruit, Milk</p>

All bread/buns are whole grain-rich  
All milk is 1% low-fat or fat-free

**MENU SUBJECT TO CHANGE**

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\* = Jr./Sr. High only, E = Elementary only  
FF = Finger Foods